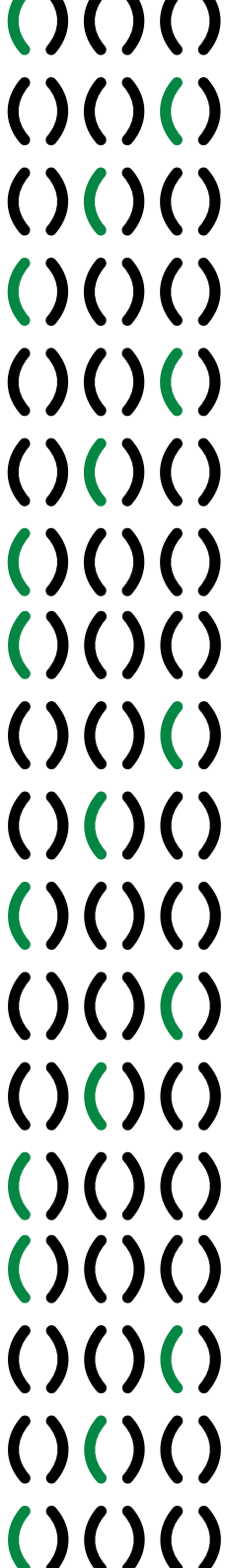


RISE UP⁺

MEETING #8





PILGRIM YOUTH – YEAR 1

Preparation Itinerary for WYD, Lisbon 2023

Ficha técnica

Nada obsta

01 de novembro de 2020, Solenidade de Todos os Santos
D. Joaquim Mendes, Bispo Auxiliar do Patriarcado de Lisboa

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Ilustrações

Mário Linhares

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Vatican Media

Design Gráfico

Douglas Azevedo
Leila Ferreira
Fundação Salesianos

Propriedade

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Equipa de redação

Alice Neto (Paróquia de Alcochete, Diocese de Setúbal); Pe. André Batista (Secretariado Diocesano da Pastoral Juvenil, Diocese de Leiria – Fátima); Pe. Bruno Dinis (Missionários Passionistas); Carlota Cardoso (Paróquia de S. Julião do Tojal, Patriarcado de Lisboa); Júlio Torres (Paróquia de Vialonga, Patriarcado de Lisboa); Liliana Maia (Leigos Missionários Combonianos); Ir. Linda Vieira (Filhas de Maria Auxiliadora, Salesianas); Ir. Lisete da Natividade (Irmãs Doroteias); Pe. Luís Rafael Azevedo (Departamento Diocesano da Pastoral Juvenil, Diocese de Lamego); Maria Lopes (Paróquia da Póvoa de Santa Iria, Patriarcado de Lisboa); Ir. Marta Mendes (Aliança de Santa Maria †); Pedro Feliciano (Serviço da Juventude, Patriarcado de Lisboa); Romana Esteves (Paróquia de Olhalvo, Patriarcado de Lisboa); Rui Lourenço Teixeira (Corpo Nacional de Escutas); Ir. Sandra Bartolomeu (Servas de Nossa Senhora de Fátima); Pe. Tiago Neto (Patriarcado de Lisboa).

Revisão teológica

D. Vitorino José Pereira Soares (Bispo Auxiliar da Diocese do Porto)
Cón. Luís Miguel Figueiredo Rodrigues (Arquidiocese de Braga)
Cón. Mário José Rodrigues de Sousa (Diocese do Algarve)

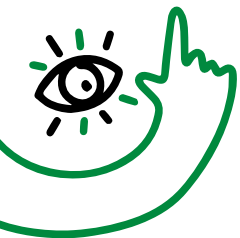
#8

WAKE AND RISE UP

the objectives of this meeting are:

- To meditate on the realities of light and shadow present in existence itself and in the world.
- To recognize faith as a light that illuminates existence.
- To listen to Jesus' invitation to "wake up."

GET READY



Prepare to start another WYD Lisbon 2023 preparation encounter. Did you know that the WYD Anthem is one of the strongest marks of each edition? Young people from all over the world seek to learn the original version and also translate the lyrics into their own languages. The hymn is inspired by the motto of each WYD. Do you know this one?



Fica junto a nós - Hino da JM Roma 1986

Music:

Benedikt Enderle

Lyrics:

Valerio Cipri



As sombras se desvanecem e a noite cai;
no horizonte se desprendem
os reflexos tão distantes de um dia,
que nasceu em nós e não terá fim;
porque sabemos que uma nova vida,
daqui partiu e nunca mais acabará.

**Fica junto a nós, em breve desce o sol,
Fica junto a nós, que o dia findará.
Fica junto a nós que o sol se esconderá,
Se estás entre nós a noite não virá.**

Como o mar se espraia, infinitamente,
o vento soprará e abrirá
os caminhos escondidos, tantos corações
hão de ver uma nova luz clara,
como uma chama que onde passa queima,
o teu amor esta terra invadirá.

ELE, PORÉM, AGARRANDO-LHE A MÃO, CHAMOU DIZENDO:

“menina, leve
O ESPÍRITO
E LHE FAÇA

SITAMENTE.

ELE ORDENOU, ENTÃO,
que lhe dessem de comer.

LISTEN

The gospel of Saint Luke (8, 40-42.49-56)



⁴⁰ Now when Jesus returned, a crowd welcomed him, for they were all expecting him. ⁴¹ Then a man named Jairus, a synagogue leader, came and fell at Jesus' feet, pleading with him to come to his house ⁴² because his only daughter, a girl of about twelve, was dying. As Jesus was on his way, the crowds almost crushed him. (...)

⁴⁹ While Jesus was still speaking, someone came from the house of Jairus, the synagogue leader. "Your daughter is dead," he said. "Don't bother the teacher anymore". ⁵⁰ Hearing this, Jesus said to Jairus, "Don't be afraid; just believe, and she will be healed."

⁵¹ When he arrived at the house of Jairus, he did not let anyone go in with him except Peter, John and James, and the child's father and mother. ⁵² Meanwhile, all the people were wailing and mourning for her. "Stop wailing", Jesus said. "She is not dead but asleep." ⁵³ They laughed at him, knowing that she was dead. ⁵⁴ But he took her by the hand and said, "My child, get up!" ⁵⁵ Her spirit returned, and at once she stood up. Then Jesus told them to give her something to eat. ⁵⁶ Her parents were astonished, but he ordered them not to tell anyone what had happened".

The Gospel of the Lord.

R/ Praise to you, Lord Jesus Christ!

Meditate on the text by trying to put yourself in the shoes of some characters. Let yourself be helped by the following texts:

1st Text

"(...) Here was a 12-year-old girl, dying, waiting for her death... or for Jesus. Her father, Jairus, fights for the life of his little daughter, and came to ask Jesus to go to his house to place his hands of blessing, that is, his hands of good and healing, on his little girl. However, as they walk, his servants arrive, who bring the sad news that death arrived at the girl's house before Jesus. That father was certainly shattered, as were also the other relatives and neighbors, who, in such circumstances, only knew how to cry and chant lamentations, as was customary among the Jews. And Jesus, who until now confined himself to accompanying Jairus, without saying anything, now says to Jairus the first audible word: "Do not be afraid; have only faith!". (Mark 5.36). Jesus is never late. He is the Lord who on the way takes time with us. (...)"

D. António Couto

When Jesus enters our lives



2nd Text

"(...) For Him no one is given over as lost, no one is finished forever, it is possible to start over and be new. There will be a hand that will take you by the hand, which will repeat at every dawn what was said to Jairus' daughter: "Talità kum", girl, rise up! Young life, rise, get up, appear, shine, resume the road and the fight."

Ermes Ronchi

Guardadores do espanto



3rd Text

"(...) We understand from this that in the way of the Lord everyone is admitted: no one should feel an intruder, an illegal, or someone without rights. To have access to his heart, to the heart of Jesus, there is only one condition: to feel in need of healing and to trust in him."

Pope Francis,

Angelus,

01.08.2018

4th Text

"In Jesus' day, the departure from childhood was a highly awaited passage in life, which was celebrated and enjoyed a lot. That is why Jesus, when he gave back life to a "child" (Mk 5:39), made her take a step forward, promoted her, and made her a "girl" (Mk 5:41). At the same time, He said to her, "Girl, rise up!" (talità kum), He made her more responsible for her life, opening the doors of youth to her."

Pope Francis,

Christus Vivit, 136



In Jesus' place, imagine:

- Being received by the crowd;
- Listening to Jairus and, with compassion, accepting to fulfill his request;
- Comforting the girl's father, even when others say she is "dead";
- Being despised by those who do not believe what you say;
- Healing the girl, away from the "spotlight" of the crowd.

In Jairus' place, imagine:

- Your role in society, being Head of the Synagogue;
- Your suffering, for the situation of your only daughter;
- What it's like to trust in Jesus, especially in the most difficult situations in life.

In place of Peter, John and James, imagine:

- Accompanying Jesus in a crowd;
- Going with Him into the privacy of Jairo's house.

In the girl's place, imagine:

- What it meant to come back to life.

ASK YOURSELF

Reflection



How do you think that father felt when he found out his daughter was sick?

How do your parents feel when they know you're not well?

Jairus goes to Jesus, but asks him nothing for himself... he only asks for his daughter's healing. What about you? Do you ever talk to Jesus and ask him to take care of other people? Do you talk to him about the ones you love the most?

At one point, there was someone who brought some very bad news. Did you ever feel that you trusted Jesus and there were people who tried to steal your hope?

Jesus wakes the girl. What about you? Do you need to be woken up?

How are you becoming more responsible for your life?

RECEIVE

The nights of the soul are illuminated



We live in a world where light and darkness coexist.

Can we be assailed by doubt when we aspire to light? A Russian Christian, Dostoyevsky, instead of worrying about it, wrote: "I am the son of doubt and disbelief... What great suffering this thirst to believe meant and means, which is all the stronger the more I find in me arguments to the contrary ... It was through the crucible of doubt that my hosanna passed."

However, Dostoyevsky continues: "There is nothing more beautiful, deeper and more perfect than Christ; not only is there nothing but there can be nothing."

This man of God lets us understand that in him the unbeliever coexists with the believer, and his great love for Christ ends up not being affected.

Happy is he who walks from doubt to the clarity of a humble trust in God! Just as the morning fog dissipates, the nights of the soul are illuminated. And it is not an illusory trust, but a clear trust, which leads to action in concrete situations, which leads to understanding and loving.

Several years ago, I lived for a while with some of my brothers in Calcutta, in a very poor neighborhood. Mother Teresa sometimes asked me to accompany her in the afternoon on visits to homes for terminally ill people, where there were lepers who were waiting only for death. And every morning, with one of my brothers who's a doctor, we'd treat the sickest

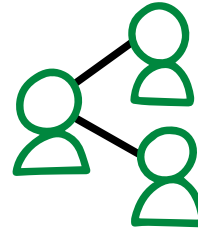
children. It was an experience that marked me for life. There were children who died in my arms. From day one, we were dealing with a four-month-old girl; her mother had died shortly after she was born. I was told she probably wouldn't live long. Mother Teresa put her in my arms and asked me insistently to take her to Taizé so that she could receive proper treatment. I said to myself: if this child realizes the restlessness I feel about her possible death, what will happen to her?

She also said: let your restlessness become a trust of faith. As long as this child lives, entrust it to God. By resting her against your heart in her short life, she may at least have made the experience of the happiness that confidence brings.

When we arrived in Taizé, the brothers gathered in my room to see the child. I sat the girl, named Marie, on top of my bed and she, for the first time, began to make sounds like a happy baby. Eventually she survived and grew up at my sister Geneviève's house. She's an adult today. I'm her godfather now and I love her as if I was her father.

Brother Roger,
God is Love
alone, Coimbra,
2004, 121-124

SHARE



Wake up and say what faith is.

PRAY

The Lord touches your life



1st Reader

The Lord touches your life... Wake up!
He doesn't want you to fall asleep, dizzy,
anesthetized, to look at your youth as if
it were just a pastime.
Wake up for life! Trust Him!
You may say that you don't know Him... but He
knows you well: He knows your name, your qualities,
your frailties, your days, your nights, your history.
Wake up! Take the risk!

Silence

2nd Reader

Don't be afraid of the darkness, don't be afraid of the difficulties, don't be afraid of other people's opinions! Grab life by the horns and say, "I'm not alone." Give your hand to those around you and tell them, "I'm not alone." Look at Jesus and say to him, "I am not alone." WAKE up and rise up...

RISE UP

Accompany Jesus like the disciples

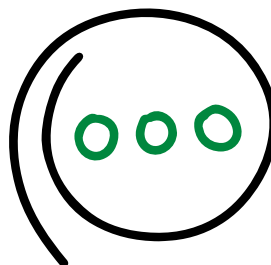


"Rise up" in your community, seeking to visit patients who live in isolation and may need company. Perhaps you might be able to accompany an extraordinary minister of communion on his visit to a patient.

Rise up by bringing hope to those who suffer.

CONTINUE

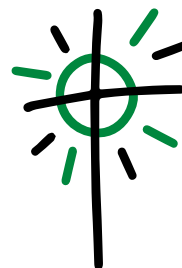
Who is Jesus?



Para preparares o próximo encontro desafiamos-te a perguntar, a pelo menos 5 pessoas de idades diferentes: "Quem é Jesus para ti?".

YES, I BELIEVE!

+ From the Catechism of the Catholic Church



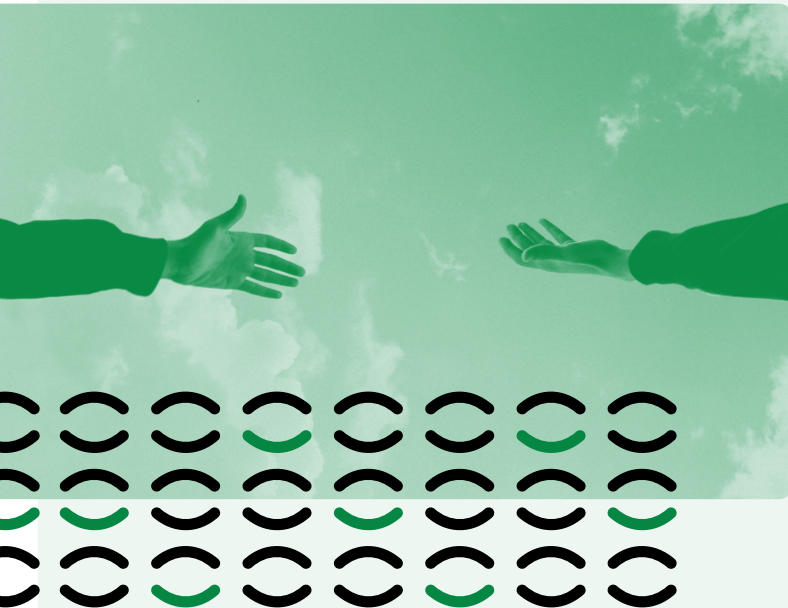
The Kingdom of God is near

541. "Now after John was arrested, Jesus came into Galilee, preaching the gospel of God, and saying: 'The time is fulfilled, and the kingdom of God is at hand: repent, and believe in the gospel.' 'To carry out the will of the Father Christ inaugurated the kingdom of heaven on earth.' Now the Father's will is 'to raise up men to share in his own divine life'. He does this by gathering men around his Son Jesus Christ. This gathering is the Church, 'on earth the seed and beginning of that kingdom'"

MY PERSONAL PROJECT

Step 8 - Wake up to life

"DON'T BE AFRAID! JUST BELIEVE,
AND SHE WILL BE SAVED". (LK 8, 50)



Living attentive to the people around us is a deeply Christian attitude. "Waking up to life" can manifest itself in the care of those who live near us and need our presence, company, action.

Write down the names of some people in your midst who may need your company or attention.

How can your CCS include concrete gestures of closeness to some of these people? (re-drafting of the CCS) (remember the rule: little, small, possible, progressive)

Young man, I say to you, get up! (Luke 7, 14)

'Now get up and stand on your feet. I have appeared to you to appoint you as a servant and as a witness of what you have seen and will see of me! (Acts 26, 16)

In those days Mary arose and went with haste into the hill country. (Luke 1, 39)

