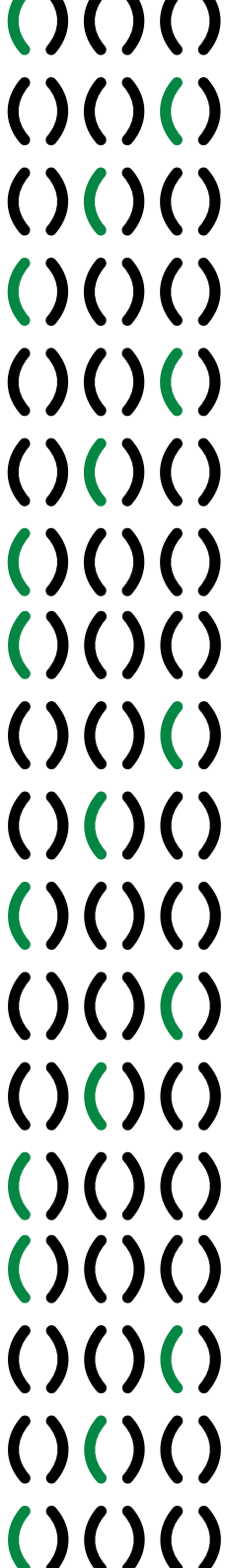


RISE UP⁺

MEETING #6





PILGRIM YOUTH – YEAR 1

Preparation Itinerary for WYD, Lisbon 2023

Ficha técnica

Nada obsta

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D. Joaquim Mendes, Bispo Auxiliar do Patriarcado de Lisboa

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Ilustrações

Mário Linhares

Fotografias

Vatican Media

Design Gráfico

Douglas Azevedo
Leila Ferreira
Fundação Salesianos

Propriedade

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Equipa de redação

Alice Neto (Paróquia de Alcochete, Diocese de Setúbal); Pe. André Batista (Secretariado Diocesano da Pastoral Juvenil, Diocese de Leiria – Fátima); Pe. Bruno Dinis (Missionários Passionistas); Carlota Cardoso (Paróquia de S. Julião do Tojal, Patriarcado de Lisboa); Júlio Torres (Paróquia de Vialonga, Patriarcado de Lisboa); Liliana Maia (Leigos Missionários Combonianos); Ir. Linda Vieira (Filhas de Maria Auxiliadora, Salesianas); Ir. Lisete da Natividade (Irmãs Doroteias); Pe. Luís Rafael Azevedo (Departamento Diocesano da Pastoral Juvenil, Diocese de Lamego); Maria Lopes (Paróquia da Póvoa de Santa Iria, Patriarcado de Lisboa); Ir. Marta Mendes (Aliança de Santa Maria †); Pedro Feliciano (Serviço da Juventude, Patriarcado de Lisboa); Romana Esteves (Paróquia de Olhalvo, Patriarcado de Lisboa); Rui Lourenço Teixeira (Corpo Nacional de Escutas); Ir. Sandra Bartolomeu (Servas de Nossa Senhora de Fátima); Pe. Tiago Neto (Patriarcado de Lisboa).

Revisão teológica

D. Vitorino José Pereira Soares (Bispo Auxiliar da Diocese do Porto)
Cón. Luís Miguel Figueiredo Rodrigues (Arquidiocese de Braga)
Cón. Mário José Rodrigues de Sousa (Diocese do Algarve)



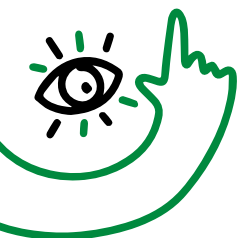
#6

RISE UP AND SHOW YOURSELF

the objectives of this meeting are:

- To understand World Youth Day in its prophetic dimension through the testimonies of young people.
- To remember the miracles of my personal life in which Jesus has invited me to rise up.
- Accept that God wants to work through me as protagonist in the construction of his Kingdom.

GET READY



Can you imagine the environment in WYD? The city that hosts WYD is completely transformed during the days in which it takes place. Today we propose to you a meeting that has as its theme the witness of trust, joy and faith that the young pilgrims of WYD imprint in the city where the journey takes place.

How are you preparing for this big event? What marks do you want to leave in the city of Lisbon in 2023?



« levanta-te e põe-te no meio »
e ele, Levantando-se, pôs-se de pé,

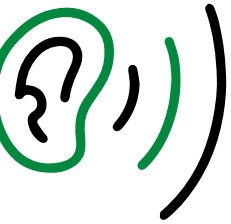
disse - Lhes Jesus :

« pergunto - vos se é permitido ao
sábado fazer bem ou



LISTEN

The Gospel according to St Luke (6, 6-11)



⁶On another Sabbath he went into the synagogue and was teaching, and a man was there whose right hand was shriveled. ⁷The Pharisees and the teachers of the law were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal on the Sabbath. ⁸But Jesus knew what they were thinking and said to the man with the shriveled hand, "Get up and stand in front of everyone." So he got up and stood there. ⁹Then Jesus said to them, "I ask you, which is lawful on

the Sabbath: to do good or to do evil, to save life or to destroy it?" ¹⁰He looked around at them all, and then said to the man, "Stretch out your hand." He did so, and his hand was completely restored. ¹¹But the Pharisees and the teachers of the law were furious and began to discuss with one another what they might do to Jesus.

The Gospel of the Lord.

R/ Praise to you, Lord Jesus Christ!

Map of a synagogue design



1. Synagogue

This word means “meeting place”. In Jesus’ time the synagogues were the largest building of a village; they had a simple rectangular structure, with a pitched roof and mosaic pavement; normally facing Jerusalem. On the Eastern wall there was a safe to store the scrolls of Scripture. They were the place of prayer of the community that met on Saturdays for the reading and commentary of some passage of Scripture. Those who read the word of God were on raised platform and the biblical commentary was usually made in a seat reserved for the teacher. The people sat on stone or wood benches found along the walls or on mats on the floor. Men and women gathered indiscriminately in the synagogue, seeing that women could also read passages from Scripture. The Jewish sources place the origins of the synagogues soon after the destruction of the first Temple and, even with the existence of the Temple, in the time of Jesus the synagogues somehow reproduced the liturgy of the Temple.

2. Sabbath

Sabbath is the seventh day of the week, the one that divides the weeks; a day in which you rest after six days of work. However, its significance does not simply come from setting the rhythm of the weeks, but by the fact that it is the day sanctified to God, the day of celebrating God’s Covenant with his people. As a day of joy and time of special dedication to God it is a day of rest, prayer and teaching, in

which it is forbidden to perform any kind of work, to travel certain distances, to cook or eat certain foods. Jesus is criticized by the Jewish authorities for performing miracles and healings on the Sabbath.

3. The Scribes of the Law

Men who devoted themselves to the study, interpretation, and teaching of the Law of Moses and other later laws (the Law, for the Jews, is a strong sign of God's presence). They were a kind of theologians, teachers and guardians of the law. In this text, they appear as observers of Jesus in order to pressure him not to perform miracles on a Sabbath day. St Luke reveals the fury of these men in the face of Jesus' prophetic intervention.

4. Pharisees

They were like a religious party whose thinking was based on the importance of purity, compliance with legal prescriptions and works of charity. It was the most prominent group in society, at the time of Jesus. Together with the Doctors of the Law are opponents of Jesus. According to the Pharisees, medical interventions could only be made on a Sabbath day in case of danger of death, which is not the case of the man with a paralyzed hand. They are also furious that Jesus carried out the healing on a Sabbath.

5. Man with the paralyzed hand

Anonymous figure, of whom we do not even know the name, only that his right hand is paralyzed. Certainly, known to most of those present and for whom nothing else can be done.

The object of Jesus' saving action, that frees him from his atrophy and paralysis. The right hand is the hand that that man most needed to live his daily life, to work and develop other activities.

However, the healing of this man is not only a personal benefit granted to him. Wanting that man to be a sign to show his strength and his power as the Son of God, Jesus calls him to his side and commands him: Rise up, as if to say to him: I need you so that through you and what I will do in you, others might believe in the power of my love.

Jesus calls that man with a disability, marginalized and instrumentalized by the doctors of the Law and makes his healing become a sign for others of God's mercy and power being fulfilled.



What does the text say to me?

Through that man, Jesus showed the world His power to offer life, good, joy. Jesus wanted to need that man to serve Him as an example and testimony.

The Lord wants to need us, too. Jesus gives us the mission of showing with our lives what wonders God's love can work, so that others may believe through our witness.

It is our mission as pilgrims of WYD: to be Jesus's witnesses, in Lisbon 2023, and here, today and now in our daily lives.

Our society needs young people capable of "rising up", letting themselves be healed, transformed and converted by Jesus to stand in the midst of the world, to indicate to others this same path.

ACOLHE



Receive now the testimony of a young Italian mother. Chiara Corbella Petrillo, laywoman and mother of a family, wife and mother with great faith in God. She died on June 13th, 2012, at the age of 28, in Italy, by placing the life of the son in her womb before her own. The life of this young mother shows how suffering can be a place of peace and true experience of intimacy with God.

ASK YOURSELF

Rise Up, I need you! And what if Jesus told you this today?



Meditate on the biblical text and confront it with your own life.

I imagine the text

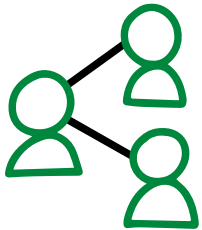
- I put myself in the place of the man who was healed. I imagine what his life was like?
- contemplate his surprise and feelings before the command of Jesus (fear, confidence, etc.).
- I give thanks for the way in which his healing served to witness to the power of Jesus' love before the oppressive forces.

Olho a minha vida

- I bring to mind the situations in my life in which I felt God's healing, His deliverance, His light.
- I meditate on the example of Chiara Petrillo and ask what small steps are possible in my own life to stop living paralyzed?

- I recall the moments in which I experienced Jesus doing “miracles”, wonderful things, saying to me, Rise up! I need you so that through you and what I’m going to do for you, others believe in the power of love, forgiveness...!
- I choose a word or drawing that expresses how I feel when Jesus works miracles in my life and says to me: Rise up, I need you. Write in the second piece Lego.

SHARE



After looking at your life, share a concrete moment when you felt Jesus saying, “Rise up!”

What “miracles” do you recognize in your life? Share them with your group.

PRAY

Song

Taizé



The Kingdom of God is a kingdom of peace, justice, and joy. Come Lord, and open in us the gates of your kingdom.

only God can... but you...

1. Only God can create,
 2. But you can give value what He created.
-
1. Only God can give life,
 2. But you can transmit it and respect it.
-
1. Only God can make it grow,
 2. But you can guide and orient it.
-
1. Only God can give faith,
 2. But you can be a sign from God for your brother.
-
1. Only God can give love,
 2. But you can learn to love your brother.
-
1. Only God can give strength,
 2. But you can cheer the others up.
-
1. Only God can give hope,
 2. But you can give your brother back confidence.
-
1. Only God can give joy,
 2. But you can always smile.
-
1. Only God is the way,
 2. But you can teach the way to your brother.
-
1. Only God is light,
 2. But you can make Him shine for your brother.



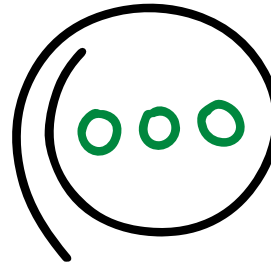
1. Only God can work miracles,
2. But you have to offer him your five loaves and two fish.

GPS of the
Christian Life,
AQ, p.123

1. Only God can do the impossible,
2. But you have to do what you can.

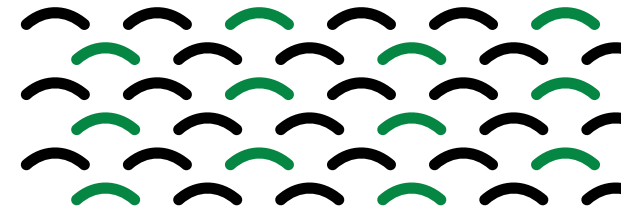
1. Only God is enough to Himself,
2. But He wanted to need each of us.

CONTINUE



Continue to deepen this theme. Watch the film:

- I'm not ashamed (2016)



RISE UP



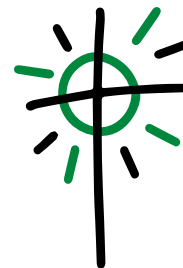
Before transforming the city of Lisbon in 2023 with your testimony, you are called to go in the "midst of your city, town, village"; in the midst of your school, university, work, family, friends, parish... in the midst of where you are and with whomever you live and from there show the power of Jesus.

Make, with your group, a commitment through which you show others what you have recognized as God's grace and miracle in your lives.

Rise up and commit yourself!

YES, I BELIEVE!

+ From the Catechism of the Catholic Church



One body.

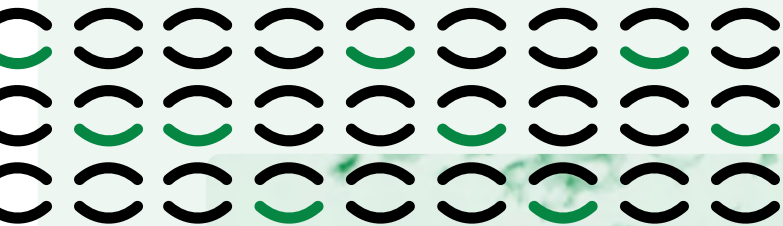
790. Believers who respond to God's word and become members of Christ's Body, become intimately united with him: "In that body the life of Christ is communicated to those who believe, and who, through the sacraments, are united in a hidden and real way to Christ in his Passion and glorification." This is especially true of Baptism, which unites us to Christ's death and Resurrection, and the Eucharist, by which "really sharing in the body of the Lord, we are taken up into communion with him and with one another."

MY PERSONAL PROJECT

Step 6 - Thank God

"RISE UP AND PUT YOURSELF
IN THE MIDDLE". (LK 6, 8)

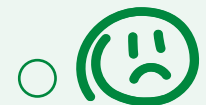
You are invited, through this step of your itinerary,
to practice gratitude. Thanksgiving is an attitude
that helps us recognize God's goodness in our lives.



For what do you want to give thanks?
Thank you, Lord...

Share your reasons for gratitude with the person
you chose in the previous step. Continue the
conversation about your spiritual life and you will
see how God will give you the light to walk.

Evaluate again...



Young man, I say to you, get up! (Luke 7, 14)

'Now get up and stand on your feet. I have appeared to you to appoint you as a servant and as a witness of what you have seen and will see of me! (Acts 26, 16)

In those days Mary arose and went with haste into the hill country. (Luke 1, 39)

