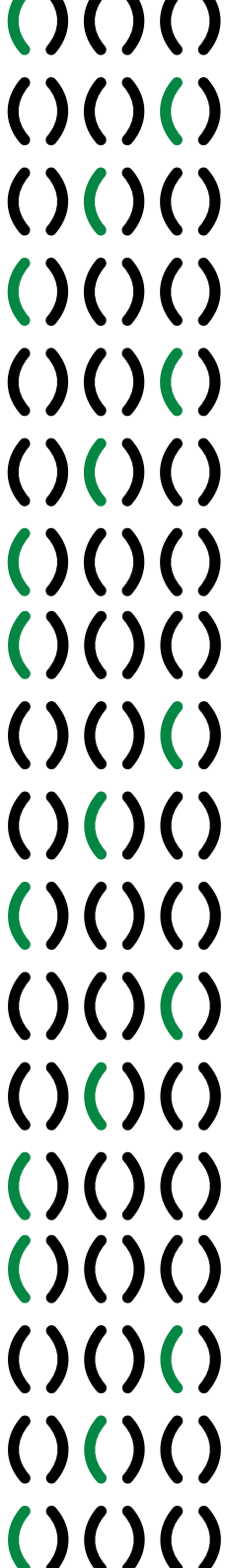


RISE UP⁺

MEETING #2





PILGRIM YOUTH – YEAR 1

Preparation Itinerary for WYD, Lisbon 2023

Ficha técnica

Nada obsta

01 de novembro de 2020, Solenidade de Todos os Santos
D. Joaquim Mendes, Bispo Auxiliar do Patriarcado de Lisboa

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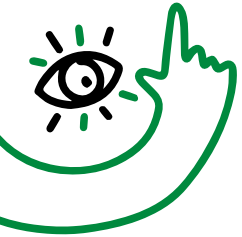
#2

RISE UP AND RECEIVE THE SPIRIT

the objectives of this meeting are:

- To welcome the presence of the Holy Spirit in the light of Jesus' experience.
- To become aware that the Holy Spirit speaks to us in Scripture.
- To feel called to live each day as a child of God.

GET READY



We begin our encounter by listening to the anthem of WYD, 2008 that took place in Sydney with the theme “You will receive power when the Holy Spirit comes on you; and you will be my witnesses” (Acts 1:8).

Receive the Power

Guy Sebastian
Gary Pinto



1. Every nation, every tribe,
come together to worship You.
In Your presence we delight,
we will follow to the ends of the earth.

Alleluia! Alleluia!

Receive the Power, from the Holy Spirit!

Alleluia! Alleluia!

Receive the Power to be a light unto the world!

2. As Your Spirit calls to rise
we will answer and do Your Will.
We'll forever testify
of Your mercy and unfailing love.

3. Lamb of God, we worship You,
Holy One, we worship You,
Bread of Life, we worship You,
Emmanuel, we worship You.
Lamb of God, we worship You,
Holy One, we worship You,
Bread of Life, we worship You,
Emmanuel, we will sing forever.

Today we are going to talk about the presence of the Holy Spirit in our Christian life.

As Jesus was led by the Spirit to the place of the Word and in that same Spirit read and interpreted it, we too must read and interpret the Word of God in the Spirit that inspired it.

Let us do this by asking God to help us listen to and to accept His message:

Veni Sancte Spiritus

Taizé

Veni Sancte Spiritus,
Tui amoris ignem accende.
Veni Sancte Spiritus,
Veni Sancte Spiritus.

Vem Espírito de Amor,
Vem acender em nós o teu fogo,
Vem Espírito de Amor,
Vem Espírito de Amor.



Foi a Nazaré, onde fora CRIADO, e,
segundo o seu costume, entrou em
dia de Sábado na sinagoga e
levantou-se para LER.

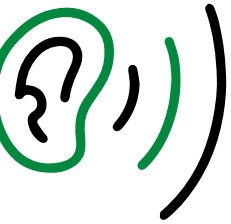
Foi-lhe
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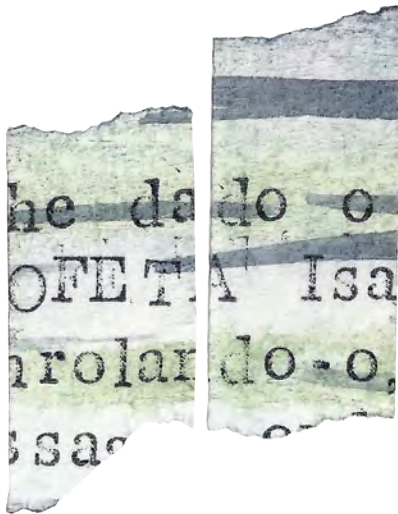
LISTEN

The Gospel of Saint Luke (Luke 4, 14- 22a)



¹⁴Jesus returned to Galilee in the power of the Spirit, and news about him spread through the whole countryside. ¹⁵He was teaching in their synagogues, and everyone praised him.

¹⁶He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, ¹⁷and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:



¹⁸"The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, ¹⁹to proclaim the year of the Lord's favor."

²⁰Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him.

²¹He began by saying to them, "Today this scripture is fulfilled in your hearing." ²²All spoke well of him and were amazed at the gracious words that came from his lips."

The Gospel of the Lord.

R/ Praise to you, Lord Jesus Christ!



WELCOME



Ask the text now: what do you have to say to me personally?

Receive the testimony of a young man who tells us about his experience and reflect on the questions he asks you.

ASK YOURSELF

Questions for personal reflection:



How do I strengthen my relationship with God?
(Personal prayer, reading of the Word, asking
for His Spirit, sacramental life).

What changes in my life when I stop and recognize that I am a child of God? Do I believe that He loves and always cares for me, even if it is in the midst of difficulties and sufferings?



Am I aware that the Holy Spirit dwells in me?
Do I ask Him to help me with the small and big
issues of the day-to-day?

How am I letting God reach others through me?

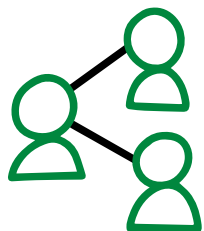
PRAY

Journey through the scriptures



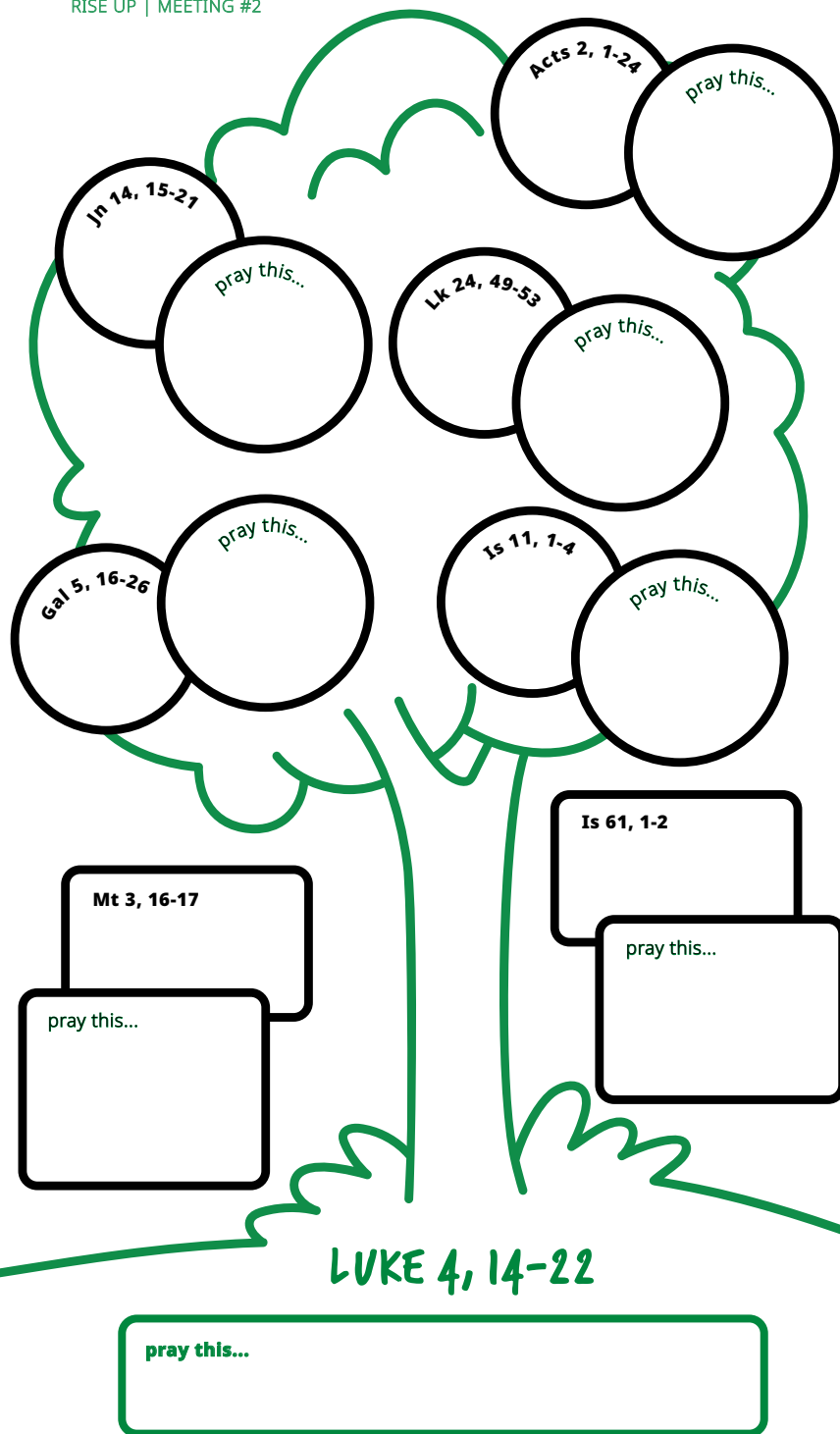
- We invite you now to take a journey through the Scriptures
- Start by filling in the rectangle "I pray this" where you can write something that the scripture you read has awoken in your heart (a question, a feeling, a word, an idea, a person, a prayer, a misunderstanding, an episode of your life, etc.).
- You're supposed to climb the tree from "the roots to the fruits." Search in your Bible, one passage at a time, and once you have found it, read and write down a phrase or word that most caught your attention in the blank space where the Bible quote is located.
- Then fill in the space "Pray this" as you did with the first text.

SHARE



Share with your group
your personal reflection.





RISE UP

The Spirit of the Lord anointed me to proclaim



This encounter invites you to Rise up through two challenges:

- Dedicate 5 minutes a day to reading the Word of God (taking up some of the texts you prayed in this encounter).
- Invoke the Holy Spirit daily, learning "by heart" a prayer:

Prayer to the Holy Spirit

Come, Holy Spirit, fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit and they shall be created.
And you will renew the face of the earth.

Lord, by the light of the Holy Spirit
you have taught the hearts of your faithful.
In the same Spirit help us to relish what is right
and always rejoice in your consolation.
We ask this through Christ our Lord. Amen.

Rise up by accepting the grace of the
Holy Spirit and letting yourself be
transformed by the Word of God.

CONTINUE

Continue to deepen your knowledge with the excerpt from the letter of Pope Francis to young people:

Invoke the Holy Spirit

Ask the Holy Spirit each day to help you experience anew the great message. Why not? You have nothing to lose, and he can change your life, fill it with light and lead it along a better path. He takes nothing away from you, but instead helps you to find all that you need, and in the best possible way. Do you need love? You will not find it in dissipation, using other people, or trying to be possessive or domineering. You will find it in a way that will make you genuinely happy. Are you seeking powerful emotions? You will not experience them by accumulating material objects, spending money, chasing desperately after the things of this world. They will come, and in a much more beautiful and meaningful way, if you let yourself be prompted by the Holy Spirit.

Pope Francis,
Christus Vivit, 131

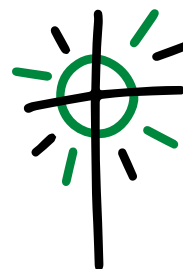
Getting to know better Luke's Gospel



Get to know better the Gospel that we will be working on in this itinerary. We recommend watching this video that presents the Gospel according to St. Luke:

YES, I BELIEVE!

† From the Catechism of the Catholic Church



From the Catechism of the Catholic Church

683. "No one can say 'Jesus is Lord' except by the Holy Spirit." [1 Cor 12:3] "God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!'" [Gal 4:6] This knowledge of faith is possible only in the Holy Spirit: to be in touch with Christ, we must first have been touched by the Holy Spirit. He comes to meet us and kindles faith in us. By virtue of our Baptism, the first sacrament of the faith, the Holy Spirit in the Church communicates to us, intimately and personally, the life that originates in the Father and is offered to us in the Son.

Baptism gives us the grace of new birth in God the Father, through his Son, in the Holy Spirit. For those who bear God's Spirit are led to the Word, that is, to the Son, and the Son presents them to the Father, and the Father confers incorruptibility on them. And it is impossible to see God's Son without the Spirit, and no one can approach the Father without the Son, for the knowledge of the Father is the Son, and the knowledge of God's Son is obtained through the Holy Spirit."

MY PERSONAL PROJECT

2nd step: Listen and pray with God's word

"...HE ROSE UP TO READ, AND THE SCROLL OF
ISAIAH WAS HANDED TO HIM" (LK 4. 16-17A.)

In this second step of your pilgrimage, you are invited to practice listening to the Word of God! Through it, God wants to talk to you! Learn to listen to Him and take in the clues He wants to give you for you to know and follow your way.

5 minutes of the Bible every day

Begin reading the Gospel according to St Luke. Luke is a passionate evangelizer who sought to faithfully convey the great proclamation of salvation that Jesus brought. You are the Theophilus of today, God's friend, to whom Saint Luke writes. Accept his challenge of walking with Jesus.

Write a word or phrase that remained
in your heart each day.

1	16
2	17
3	18
4	19
5	20
6	21
7	22
8	23
9	24
10	25
11	26
12	27
13	28
14	29
15	30

Choose a Word of God that guides your project:

Young man, I say to you, get up! (Luke 7, 14)

'Now get up and stand on your feet. I have appeared to you to appoint you as a servant and as a witness of what you have seen and will see of me! (Acts 26, 16)

In those days Mary arose and went with haste into the hill country. (Luke 1, 39)

