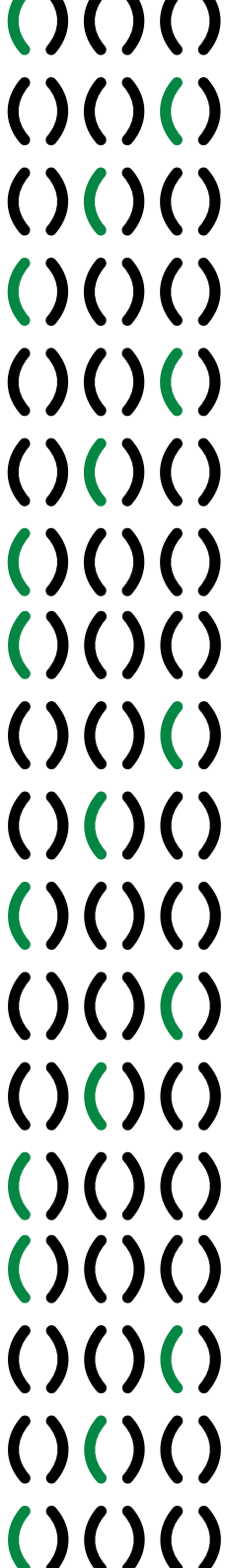


RISE UP⁺

MEETING #0





PILGRIM YOUTH – YEAR 1

Preparation Itinerary for WYD, Lisbon 2023

Ficha técnica

Nada obsta

01 de novembro de 2020, Solenidade de Todos os Santos
D. Joaquim Mendes, Bispo Auxiliar do Patriarcado de Lisboa

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INTRODUCTION

PERSONAL PROJECT

On this path of preparation for World Youth Day, we invite you to accept a real challenge of discovering God's will for your life.

To create a personal project is to take on one's life and, with Jesus, to seek to take steps in self-awareness and above all, in the progressive discovery of the project of happiness that God wants to accomplish with you!

Look at your life, look around you and at your world, your path made of joys and weaknesses. Decide to take on little things that help you on your path, concrete steps of conversion that challenge you to live fully.

You aren't alone! Who knows you? Who can you trust with your life? Through confrontation and sharing, you will feel more confidence, more strength, and greater insight. Choose someone to ask to pray for you, and to accompany you in discovering God's will for you.

After each encounter you will have the opportunity to take steps in your personal life project.

Do you accept the challenge?

Rise Up!

The Team





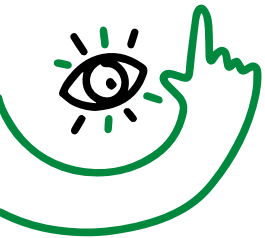
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RISE UP AND START ON YOUR WAY

the objectives of this meeting are:

- To motivate young people to prepare themselves spiritually for WYD, Lisbon;
- To make known the preparatory catechetical itinerary for WYD, Lisbon;
- To recognize yourself as the receiver of the writings of St Luke.

GET READY



LISTEN

The Gospel according to St. Luke (1, 1-4)



1 Many have undertaken to draw up an account of the things that have been fulfilled among us, 2 just as they were handed down to us by those who from the first were eyewitnesses and servants of the word. 3 With this in mind, since I myself have carefully investigated everything from the beginning, I too decided to write an orderly account for you, most excellent Theophilus, 4 so that you may know the certainty of the things you have been taught.



RECEIVE



Dear Youth,

In October 2018, through **the Synod of Bishops that had been dedicated** to the theme “Young people: faith and vocational discernment”, the Church launched a process of reflection on your condition in today’s world, your search for a meaning and a project in life, your relationship with God. Then, in January 2019, I met with hundreds of thousands of your friends from all over the world gathered **in Panama for World Youth Day**. Events such as these – Synod and WYD – manifest an essential dimension of the Church: “journeying together”.

In this journey, whenever we reach an important milestone, we are challenged by God and by our lives to get back on the move. You, young people, are experts in this! You like to travel, cross paths with places and faces never seen before, live new experiences. Therefore, as the destination of your next intercontinental pilgrimage in [2023], I have chosen the city of Lisbon, capital of Portugal. From there, in the 15th and 16th centuries, countless young people, including many missionaries, left for unknown lands in order to share their experience of Jesus with other peoples and nations.

Pope Francis,
Message for
the 35th World
Youth Day, 5
April 2020

QUESTION YOURSELF

Ready to set out?



BACKPACK



In our backpack we take what we need most. It is also where we put the experiences that we have along the way and that become part of our physical and spiritual baggage.

What do you have in the “backpack of your life” at the beginning of this path? What is the great motivation to make this pilgrimage towards WYD Lisbon 2023?



STAFF

It is an instrument of support in the toughest walks and of fight against unforeseen events. The journey companions are the help that allows us to keep going.

Who do you want to count on on this journey?
Who are your companions on this journey?



CROSS

The cross indicates to us that the pilgrim is someone who chooses paths. The Christian's path is to follow Jesus to the end, giving his life for Him.

What truths do you believe in? What is the great conviction that gives you the strength to walk?



BIBLE

Pilgrims are attentive to the signs of what is happening around them and allow themselves to be guided by them. The word of God is the great compass of the path that you now begin.

You too have been instructed into the truth of our faith. Bring to mind a teaching of Jesus that has been a part of your life. Share it with your group.



PILGRIM JOURNAL

To be a pilgrim is to be able to tell how every day went, at every stage of the pilgrimage. At the end of each day, writing a short journal entry means writing a story.

The Pilgrim Youth is your pilgrimage journal.



Young man, I say to you, get up! (Luke 7, 14)

'Now get up and stand on your feet. I have appeared to you to appoint you as a servant and as a witness of what you have seen and will see of me! (Acts 26, 16)

In those days Mary arose and went with haste into the hill country. (Luke 1, 39)

